

# Symptoms Report (show only My Aversions)

## Example Lunch

Nausea				
Corn Allergy				6
	Healthy Choice Portabella Marsala Pasta			(USA)
			Corn Starch	
			Live & Active Culture	
			Maltodextrin	
			Semolina	
			Xanthan gum	
	Pillsbury Brownies Twin Pack			(USA)
			Corn Syrup	